

# **March Newsletter**

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## MESSAGE FROM THE BOARD

As Spring is upon us, let's talk about fresh opportunities. We will have our annual elections at our April meeting and you have an opportunity to vote on our leadership for the next two years. Please plan to attend our meeting and make your voice heard. We are grateful for those that serve and share their expertise to help our profession.

We also can take this time to take a look at our safety programs and see if they need any spring "cleaning". Are there new ways to protect our employees? Should we spruce up our training modules? Go through the thick SDS books? It is good for us to make sure we are not letting safety and health get stale in our workplaces. Come to our meetings to share ways that work to keep employees attention in training, improvement efforts that have been successful, and help those in our chapter have the best safety programs they can have.

Happy Spring!

Danielle Higley, WCF **ASSP Utah Past President** 

## **NEWS AND ARTICLES**



Above: Attendees enjoying Dan Fegel's presentation at the annual ASSP

Utah fundraiser.

Below: Attendees looking at items in the silent auction.



#### ANNUAL DINNER AND SILENT AUCTION FUNDRAISER

ASSP Utah held its annual dinner and silent auction fundraiser on February 20. Unfortunately our featured speaker, Senator Mitt Romney, could not attend. Attendees listened to Chapter President Dan Fegel's presentation on "Safety Leadership". There was a good turn-out generally, and over 20 people from our student chapters alone. Over \$3,200 was raised for the chapter's scholarship fund. Thank you to Doug Handy, event organizer, Danielle Higley and WCF for hosting the event, and Dan Fegel for his feature presentation. We look forward to an even more sucessful event next year.

#### **Covid-19 Novel Corona Virus**

With the number of cases of Covid-19, the disease caused by the novel coronavirus, increasing globally and the media attention it is getting, there may be questions about precautions we can take to protection ourselves, the employees under our trust, and our families.

Currently, many unknowns, uncertainties, and conflicting information surrounding the spread of this virus have driven speculation and concern. As safety and health professionals, we must be committed to providing credible and timely guidance to our workforce. This guidance should come from reputable national and international governmental and scientific agencies such as the Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO), as well as local

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> entities like the Salt Lake County Health Department. With reputable guidance, informed decisions regarding precautions can then be made.

While each person and company may differ in what precautions they prefer to implement, the WHO Daily Briefing from Friday, 28 February 2020, recommends the following to limit the spread of the coronavirus:

- Clean your hands regularly with an alcohol-based sanitizer (>/= 60% alcohol) or thoroughly wash with soap and water. Follow handwashing guidelines such as those from the CDC: https://www.cdc.gov/handwashing/when-how-handwashing.html
- 2. Clean surfaces regularly with disinfectant, including kitchen counters and work desks.
- Education yourself about Covid-19. Make sure your information comes from reliable sources such as the CDC, WHO, or other governmental agencies.
- Avoid traveling if you have a fever or a cough. If you become sick on a flight, notify the crew immediately.
- If you cough or sneeze, do it in your sleeve or use a tissue. Then dispose of the tissue into a clean trash bin. Then clean your hands.
- If you are over 60 years old or have underlying conditions such as cardiovascular diseases, respiratory condition or diabetes, you have a higher risk of developing severe disease. You may want to take extra precautions such as avoid crowded areas or places where you may interact with people who are sick.
- If you feel unwell, stay at home and call your doctor or local health professional\* to share your symptoms and where you have been or with whom you have had contact. This will help to make sure you get the right treatment and will prevent you from infecting others. \*Utilizing the IHC Connect Care, Dr+ On Demand, or similar video doctor services is a terrific way to avoid immune-compromised individuals while also receiving suitable treatment
- If you are sick, stay at home and eat and sleep separately from your family. Use different utensils to eat.
- If you develop shortness of breath, call your doctor and seek care immediately.
- 10. It is normal and understandable to feel anxious, especially if you live in a country or community that has been affected. Find out what you can do in your community. Discuss how to stay safe with your workplace, with schools, or place of worship.

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Additionally, the CDC maintains a list of countries where travel is discouraged. That information can

be found here: https://wwwnc.cdc.gov/travel/notices

Many of these recommendations are free or low-cost. I hope you share this information with your workplaces and implement those that you feel are most suitable for your situation. Ultimately containment of this and other infectious diseases starts with each of us!

Be safe, stay healthy, and wash your hands!

Danny Dilts, M.S., CSP, Grad IOSH

Corporate Director of Environmental, Health, and Safety

Ultradent Products, Inc.

#### **ASSP Utah Newsletter**

Thank you to Danielle Higley and Danny Dilts for contributing to this month's newsletter.

If you would have something you'd like to share with the Chapter, send it to:

Ed Henkels, Newsletter Editor, edhenkels401@gmail.com. Include "Newsletter item" in subject line.

## **UPCOMING EVENTS**

## **March Chapter Meeting**

Thursday, March 19 from 11:30 AM – 1:00 PM

Place: AGC Utah Training Center, 1260 S 3600 W in SLC.

The meeting will be a presentation on Incident investigation and will focus on

the Titanic disaster review.

Register: <a href="https://utah.assp.org/events/chapter-meeting-march-2020/">https://utah.assp.org/events/chapter-meeting-march-2020/</a>

#### **April Chapter Meeting**

Thursday, April 16 from 11:30 AM - 1:00 PM

### **CAREER OPPORTUNITIES**

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> There are currently two job postings on the ASSP Utah web site. Click on the link below for more information.

https://utah.assp.org/current-openings/







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