



AMERICAN SOCIETY OF  
SAFETY PROFESSIONALS

Utah Chapter

## August 2020 Newsletter

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### MESSAGE FROM THE BOARD

July 1, 2020 marked the beginning of the new year for the ASSP Utah Chapter. Our board members met and planned many events for the year. I was thrilled to hear the ideas your board members suggested, and their willingness to share their time and talents. I feel like we have the best board members in our ASSP region. I'm grateful they are willing and able to schedule the meetings, secure the speakers and make sure we have great experiences.

This year we are still having regular monthly meetings on the 3<sup>rd</sup> Thursday of the month. In the short term, these meetings will be virtual using technology like Zoom, Facebook Live or other. As conditions warrant, we will begin holding in person meetings again where we can see old friends and network. We will make sure to create an event registration for all these meetings on the website so you can get online and register. Please participate in the meetings any way you can.

Lastly, as your new chapter president, I just want to say thanks for all you do to support the profession and the ASSP Utah chapter. If I can be of service to

you, please feel free to reach out to me at any time. I'm looking forward to working with you all in this new chapter year. Thanks, and be safe!

David Holland, President  
ASSP Utah Chapter

## UPCOMING EVENTS

### August Chapter Meeting

Thursday, August 20, Virtual, from 11:30 AM – 1:00 PM

### September Chapter Meeting

Thursday, September 17, Virtual, 11:30 AM - 1:00 PM

### Fall Conference

October 2020, date TBD, Virtual

## NEWS AND ARTICLES

### OSHA Safe + Sound Week August 10-16, 2020



**Safe + Sound Week** is a nationwide event held each August that recognizes the successes of workplace health and safety programs and offers information and ideas on how to keep America's workers safe.

Click the link below to access resources for this event and sign up your company to participate.

<https://www.osha.gov/safeandsoundweek/>

### New Members

Please welcome our new members:

Gerald D Hollanback, US Army Safety Office, Dugway

Lori A Vanleeuwen, US Army Dugway Proving Ground

Matthew Hansen, Professional Member, Skyline Electric Company

Nicholas Gomez, Student Member, University of Utah

## **Book Review** – Douglas R. Handy, CSP

Within the last month I have taken the opportunity to read books by 2 different authors, both of which I receive weekly email and information from. Both of these authors are people that I respect for the knowledge in their fields and for their commitment and perseverance in their quests in life. Their fields are different, yet for me as a Safety Professional, I have found them to be great resources of thinking in a different way, which has in turn helped me greatly in my personal and professional efforts. Interestingly is that both of these books are about the habits and traits of Sharks. These authors are Jon Gordon (book is The Shark and the Goldfish) and Walter Bond (the book is SWIM!) I would recommend both of these books to you.

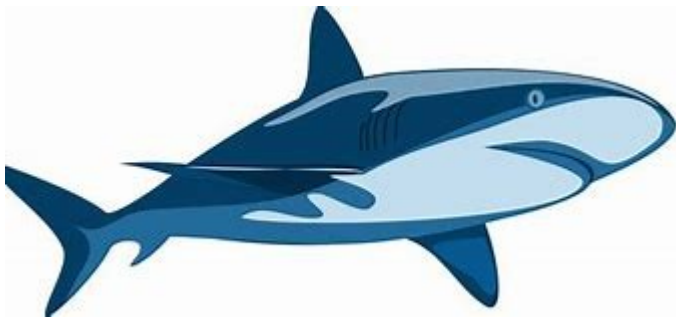
**The Shark and Goldfish**: Positive Way to Thrive During Waves of Change – is a fun and easy reading book. Tells the story of a Goldfish that ends up in the Ocean and has a Shark for a Mentor. Changes are needed for the Goldfish to survive, with the first and most important change is how to think and change your perspective when great changes occur.

We have been able to experience some great changes in our lives and our profession in 2020, and the wave of changes is likely to only continue as we go forward. How we do business, interact with people and even run our daily lives has and will continually change. This story of some new rules, perspectives and ways of life for the little Goldfish as taught to him by the Shark are essential for survival. As changes take place the goldfish and other suckerfish can also be of great benefit to the mighty Shark.

The overall story and question of the book are: “What do you want to be? Every day, you have a choice of whether you are going to be a shark or a goldfish. You have a choice of whether you are going to wait to be fed or whether you are going to find food. Each day, you make this choice with your thoughts, beliefs, and actions the choice is yours.”

Some great tips on change and staying positive – the real focus of Jon Gordons's books, are given with some good examples – at least good examples for a Goldfish. These can be easily translated to people's lives and the lives of a Safety Professional.

**SWIM!** - the second book is by Walter Bond also is about Sharks, their traits, strengths and why they are so dominant. This book is a story of 2 successful business owners who reunite many years after High School and go on a fishing trip. One of each of their children go along and are part of the adventure.



This book I found to be a thought-provoking book on how to work with and inspire people to be their best in business and in day to day life. There are many good thoughts and lessons intertwined within the story and good wisdom is shared between the travelers. As is true so many times in real life, the most successful and wisest businessman is also the least boastful.

Some great keys are in the book – all related to traits and habits of sharks. “The Sacred 6” about Sharks are revealed and discussed by all the travelers, with real time stories to assist in the understanding of each principle. “The Sacred 6” are (1) Sharks never stop moving forward. (2) Sharks never look down, they always look up. (3) Sharks are always curious and always learning.

I guess you will have to read the book to get the last 3 of “The Sacred 6”. The six rules/principles are ones that I have heard in the past, yet by putting them all together there is some wisdom and provide one overall plan/method for success.

Both of these books are useful tools in our profession and in our lives, as they can assist us in thinking differently, adapting to changes and can give a direction as we change and improve our lives.

**YOU CAN BE A SHARK!**

## UOSH Advisory Meeting Report

UOSH recently held their third quarter, 2020 fiscal year, Advisory Council meeting virtually for the first time. Cameron Ruppe, UOSH Director, reviewed Utah workplace fatality data, accident reporting numbers and UOSH inspection data through the 2020 fiscal year. Mr. Ruppe stressed that there has been a recent upturn in workplace fatalities in the state of Utah which he partially attributes to the focus on Covid-19 illness prevention. The theory is that this may remove some focus from more traditional risks like falls and struck-by accident prevention.

In addition to talking about Covid-19 and the current state requirements, Mr. Ruppe stated that there have been some Covid-19 related workplace complaints and UOSH has started to do some Covid-19 related compliance inspections. He also reviewed recent legislation regarding Covid-19 including HB5006 which substantiates workers' compensation coverage for Covid-19 illness in certain professions. The council also discussed SB3007 a bill which would prevent people from suing businesses for contracting Covid-19. Lastly, Mr. Ruppe went over Covid-19 resources available through UOSH and the Labor Commission.

Finally, the UOSH Director discussed the Local Emphasis Programs (LEP's) including a new one on Silica to comply with federal OSHA's inspection requirements for this new rule. Starting on August 4, 2020, UOSH will have 2% of overall inspections dedicated towards looking at Silica rule compliance. He reiterated that these compliance inspections could be wrapped into other inspections but that at least 2% of inspections will focus on this rule in some aspect. After public comment, Mr. Ruppe announced the next meeting of the Advisory Council will be held in October.

Editor's Note: Thank you to Patrick Salandi, Utah Chapter Governmental Affairs Chairperson for contributing this article.

## Scholarship Donation -Thank You

The Utah Chapter recently received this thank you message.

"On behalf of ASSP Foundation's Board, volunteers, staff, and those directly impacted by ASSP Foundation programs, **I want to thank you for your chapter's generous donation of \$3,076.92 received on June 24, 2020 designated to the ASSP Utah Chapter Scholarship.** *Thank you* for recognizing the need to support your profession at this challenging time!"

**"Your investment in our mission directly impacts those who can make a world of difference in the lives of countless people, families, organizations, and communities. *It truly changes lives.*"** One scholarship recipient recently wrote: *"Thank you for your generous donation towards my education. I greatly admire the work you do and aspire to join you in protecting workers' safety. The field of occupational safety and health is my place in Society and this scholarship means I can achieve this dream. Your generosity is a literal answer to my and my husband's prayer and will pay for my final semester in school. Thank you for helping me along my journey."*

The Utah chapter holds a dinner and silent auction fundraiser event each winter to support the scholarship program.

## Ergonomics PS Group Zoom Meetings

Connect with Ergonomics Professionals from the ASSP Ergonomics Practice Specialty Group! We'd love to connect with you and share our experience in this field and profession!

Zoom calls will be held at the following days/times:

Sept 9th @ 9:30 AM PST

Sept 11th @ 2:30 PM PST

Nov 5th @ 9:30 AM PST

Nov 6th @ 3:30 PM PST

ZOOM ID: 610 728 2640

PASSWORD: 415099

DURATION: 30 Minutes

Contact Rachel Michael, Administrator, ASSP Ergonomics PSG

[rachel.michael@exponentehf.com](mailto:rachel.michael@exponentehf.com)

**801-864-8193**

## Treasurer's Report

It is an honor to support the Utah Chapter of the American Society of Safety Professionals as the current Treasurer. The transition from the outgoing Treasurer, Trevor Hinckley, to myself took place in early July. Should you have outstanding expenses for Chapter activities, please direct them to me at [danny.dilts@ultradent.com](mailto:danny.dilts@ultradent.com) at your earliest convenience.

Danny Dilts, Treasurer, Utah Chapter, ASSP

**Report for April - June 2020**

<b>Beginning Balance</b>	\$23,313.58
	<b>Cash Receipts (+)</b>
Chapter Dues	\$1,405.00
Savings Account Interest	\$0.06
	<b>Cash Disbursements (-)</b>
Chapter Meetings	\$534.36
Utah Safety Council Donation	\$300.00
ASSP Utah Chapter Scholarship	\$3,076.92
<b>Ending Balance</b>	\$20,807.36

**CAREER OPPORTUNITIES**

We post the jobs in the SH&E fields to our website . This is done currently at no charge, but the chapter is always accepting donations to our scholarship fund. Your contribution is appreciated.

<https://utah.assp.org/current-openings/>

**Newsletter Contributions**

ASSP Utah Chapter Newsletter is published monthly.

Contributions or comments regarding the newsletter can be sent to edhenkels401@gmail.com. Include "ASSP Newsletter" in the subject line.

Deadline for contributions is the 15th of the month for publication in the next month's newsletter.

Thank You to all those who contributed to this month's newsletter and remember, during this pandemic, to "Think Positive but Stay Negative."

Regards,

Ed Henkels, Editor



If you do not wish to receive these emails, please [click here](#) to unsubscribe from ASSP Utah Chapter messages.

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