



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Utah Chapter

September 2020 Newsletter

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MESSAGE FROM THE BOARD

Here's a shout out to all you amazing members of the American Society of Safety Professionals – Utah Chapter. Wow what a year it has been. And the long hot summer, when we could have been enjoying so many more activities, has been a very interesting experience. It's given us all an opportunity to reflect and take inventory of our personal and professional lives, and perhaps look ahead to future goals and aspirations.

One of my recently added responsibilities as Chapter Board Member is to prepare and schedule professional development classes for our members seeking to attain the CSP designation. If you are thinking of getting your CSP, here are some additional details from the Board of Certified Safety Professionals (BCSP).

If you have questions, feel free to contact me, anyone in the Chapter, or the BCSP. A schedule of professional development classes will soon be announced.

Thanks again for all you do to further the important work of safety at the places where you are employed, in your families and wherever you go.

Eric Johnson, MS, CSP, CPEA, CPSA, CSHM
ASSP Utah Chapter Board member

CERTIFIED SAFETY PROFESSIONAL®

Certified Safety Professionals (CSP) are persons who perform at least 50% of professional level safety duties, including making worksite assessments to determine risks, assessing potential hazards and controls, evaluating risks and hazard control measures, investigating incidents, maintaining and evaluating incident and loss records, and preparing emergency response plans. Other duties could include hazard recognition, fire protection, regulatory compliance, health hazard control, ergonomics, hazardous materials management, environmental protection, training, accident and incident, investigations, advising management, record keeping, emergency response, managing safety programs, product safety and/or security.

REQUIREMENTS FOR CSP

- 1. Will have a minimum of a bachelor's degree.***
- 2. Will have four (4) years of safety experience where safety is at least 50%, preventative, professional level with breadth and depth of safety duties.**
- 3. Will have a BCSP Qualified Credential:**
 - Associate Safety Professional (ASP)**
 - Graduate Safety Practitioner (GSP)
 - Transitional Safety Practitioner (TSP)**
 - Certified Industrial Hygienist® (CIH®)
 - Chartered Member of the Institution of Occupational Safety and Health (CMIOSH)**
 - Canadian Registered Safety Professional (CRSP)**
 - CP-12 Professional Certificate in Safety and Occupational Health, U.S. Army Combat Readiness Center (ACRC)**
 - Certified Safety Engineer (CSE), as administered by the State Administration of Work Safety (SAWS), People's Republic of China (PRC)**
 - Master in Occupational Safety and Health, International Training Centre of the International Labour Organization (ITC-ILO)**
 - Member in the Institute of Safety Professionals of Nigeria (MISPN)**
 - NEBOSH National or International Diploma in Occupational Health and Safety**
 - Professional Member of the Singapore Institution of Safety Officers (SISO)**
 - Diploma/Certificate in Industrial Safety, as issued by the State Government Departments Boards of Technical Education, Government of India**
- 4. Must pass the CSP examination.**
- 5. Retain your certification.**
 - Pay annual renewal fee
 - Meet recertification requirements

* When applying for the CSP with a degree from a college outside the United States, that degree will be evaluated for U.S. equivalency. Details on the

documentation required, requested during the application process, can be found online (<https://edperspective.org/bcsp/>).

*** Note that all education requirements must be met when pursuing the CSP.*

CSP EXAM PREPARATION, APPLICATION, AND EXAMINATION

Apply for CSP certification, use BCSP examCORE as your CSP study guide, and find information on the certification's examination by using the buttons below and the resources section on this page.

BCSP EXAMCORE – <https://examcore.org/>

APPLY – <https://www.bcsp.org/CSP>

MEMBERSHIP UPDATES

New Members

- Don Lindhardt, Safety and Technical Director at Comfort Systems USA Intermountain (see attached new member spotlight)
- Susan Knap, Sr. Principal Engineer EHS at Northrop Grumman Corporation
- Daniel Huber, Student at University of Utah

New Member Spotlight

Name: Don Lindhardt

Employer: Comfort Systems USA Intermountain

Years in Safety & Health? 6

Education: ASSC from ASI Chicago, IL.

Certification(s): ASC

Why did you become a safety professional?

It was a position that needed to be filled and I had 38 years in the HVAC service/construction industry and a keen understanding of the value of returning home safe everyday.

What do you like most about your profession?

Working with and for good people who know that I appreciate and care for them and in-turn they appreciate me.

What are you most proud of in your career?

Helping to build a culture of trust and a commitment to doing the right things at the right times for the right reasons.

If you could be anything other than a safety professional what would you be?

That's a funny question to consider now.....How about a fighter pilot or a military chaplain?!

What do you like to do when you're not working?

Enjoy learning and laughing with my kids and grandkids!

Editor's note: Thank you Don for telling us about yourself, and welcome to the Utah Chapter.

Book Review

Who Moved My Cheese by Spencer Johnson, MD

I first read this book about 20 years ago while I was on an airplane. The book is short (about 90 pages) so I was able to finish it on the flight. It was a timely book as I was trying to decide whether to take a job offer I had just received that would move me and my family across country. As many of us might be, I was struggling with the decision to accept the job and move. I felt good about moving, but I still had several reservations. Would my wife and kids be ok with moving? Would this job last? Would I be successful at it? Will we like the area we move to? These questions and more were nagging at my brain. I finally decided to accept the job and move to Utah with my family. It was a great decision. While the book wasn't my ultimate factor in making the choice, it did help ease my mind and remind me that change can be a good thing.

Who Moved My Cheese? is a simple parable that reveals profound truths. It is an amusing and enlightening story of four characters who live in a "Maze" and look for "Cheese" to nourish them and make them happy.

Two are mice named Sniff and Scurry. And two are "Little people" -- beings the size of mice who look and act a lot like people. Their names are Hem and Haw.

The cheese in the book is a metaphor. It represents things that we want in life. A good job or relationship, possessions or health.

The mice in the book have a simple strategy. They are constantly exploring the maze. Looking down all paths and until they find one with cheese. The little people have a different

approach. They don't like to explore different paths than what they are used to.

One day they all find a lot of cheese that will last a long time and they stay in that spot for a long while. The little people settle in that area. They show off their cheese and take it for granted.

The mice stay vigilant. they use what they need, but they keep an eye on supply and are ready to move on in case the cheese runs low.

One day the cheese does run out and the mice move on in search of new cheese. The little people stay behind, sure that the cheese will somehow return. They feel they are entitled to this cheese. They are scared of the unknown of the maze. They are stuck in their ways.

The little people become bitter and try and place blame on others and each other. But never on themselves.

Eventually, one of the little people named Haw, decides it's time to move on and look for new cheese. He can't convince his partner and goes out on his own. Haw finds little pieces of new cheese and even talks it back to his partner Hem. Hem doesn't like the new cheese because its different that what he's used to. He wants the original cheese back.

Haw keeps looking for new cheese and his journey takes him thru the maze. He learns important lessons and writes them on the walls of the maze. The lessons are all about dealing with change.

While this book review might seem a little odd, but it's a great way to tell a story about the need to adapt to change. It's ok to try and make the best of a new situation. It's also important to be ready for change and stay vigilant.

Take a few minutes and read Who Moved My Cheese. It might help you deal with the changes that are happening in your life.

Contributed by David Holland, ASSP Utah Chapter President

UPCOMING EVENTS

September Chapter Meeting (Virtual)

Thursday, September 17, 11:30 AM - 1:00 PM

Fall Conference

Details to be release soon.

CAREER OPPORTUNITIES

We will post job opportunities in the environmental safety & health fields to our website at <https://utah.assp.org/current-openings/> . This is done at no charge, but the chapter is always accepting donations to our scholarship fund. Your contribution is appreciated.

Newsletter Contributions

ASSP Utah Chapter Newsletter is published monthly. Contributions or comments regarding the newsletter can be sent to edhenkels401@gmail.com.

Include "ASSP Newsletter" in the subject line.

Deadline for contributions is the 15th of the month for publication in the next month's newsletter.

Thank You to all those who contributed to this month's newsletter.

Remember, during this pandemic, to *"Think Positive but Stay Negative."*

Regards, Ed Henkels, Newsletter Editor



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American Society of Safety Professionals | 520 N. Northwest Highway, Park Ridge, IL 60068