



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Utah Chapter

October 2020 Newsletter

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MESSAGE FROM THE BOARD

October is a busy month for our Chapter. We have the annual Utah Chapter ASSP breakfast meeting on Wednesday October 14th which features good food, annual awards, and a Zoom presentation by the distinguished Diana Stegall, American Society of Safety Professionals President, 2019-2020. We also have the virtual 37th Annual Utah Conference on Safety and Industrial Hygiene. We will miss being together during this event but are grateful that during the extraordinary circumstances of our time, we are able to resiliently move forward as a Chapter and profession using technology.

Looking forward to a future day when social distancing guidelines will be relaxed, I think we will find that this experience has made us better. It has forced us to be more innovative in how we do business. It has also opened the door to greater inclusion, using technology to help engage chapter members who are widely distributed throughout the state.

Thank you all for continuing to promote the cause of safety in business, home, and community.

Trevor Hinckley, CSP, CIH

ASSP Utah Chapter Secretary

MEMBERSHIP UPDATES

New Members

Please welcome our newest members:

- Ashley Dagley at Utah State University
- Chandler Cottam at Brigham Young University
- Alexandra Ingram at University of Utah
- Dorien Butter at University of Utah
- Kate Gardner at University of Utah
- Kenny Ahlstrom at University of Utah
- Marion Woodfield at University of Utah
- Mohammad Homayounpour at University of Utah
- Sharly Coombs at University of Utah
- Ted Medina at University of Utah
- Vinson Turner at University of Utah

Member Spotlight

Name: Emily Stewart

Where do you work? Marathon Petroleum Corporation

How many years in Safety & Health? 5 years

Education: Bachelor of Science in Environmental, Safety and Occupational Health Management.

MS in Safety Sciences.

Certification(s): Certified Safety Professional (CSP)

Why did you become a safety professional?

I had originally planned on pursuing a career in Environmental upon graduating from college. Following my last Internship, I was offered a full-time position as a Safety Advisor in an Oil Refinery. I enjoyed the diversity of working in a refinery and decided to take the leap and pursue a career in Health and Safety.

What do you like most about your profession?

I enjoy that my career allows me to continuously learn new things and affect change in a positive way.

What are you most proud of in your career?

I just recently passed my CSP. To date I'm very proud of this accomplishment.

If you could be anything besides a safety professional, what would you be?

I would love to go to culinary school to become a Personal Chef.

What do you like to do when you're not working?

I have taken a liking to the Utah Hiking!

UPCOMING EVENTS

October Chapter Breakfast Meeting

Wednesday, October 14 from 7am -8:30am

Grand America Hotel, 555 S Main St, Salt Lake City

Register: <https://utah.assp.org/events/october-chapter-meeting-breakfast/>

35th Annual Utah Virtual Conference on Safety & Industrial Hygiene

Thursday & Friday, October 15 & 16 from 8:30AM – 3:15PM

Register: <https://ce.rmcoeh.utah.edu/wconnect/ace/ShowSchedule.awp?Group=CONF&Title=Annual+Conference+on+Safety+and+Indusrial+Hygiene>

NEWS AND ARTICLES

Reference or Be a Reference

I am an Environmental, Health, and Safety Director for a growing multi-national company. My responsibilities include providing strategic direction and overseeing all environmental compliance, sustainability practices, employee health, industrial hygiene, physical safety, chemical safety, and physical security activities for a company with roughly 1,500 employees in over ten facilities or offices in the United States and across the globe. I am held accountable to know about, recall details of, and generally understand hundreds, or potentially thousands, of U.S. and international laws, regulations, consensus standards, and industry best practices. I have often told friends and family that the information that I'm "supposed" to know, if printed out and stacked floor to ceiling, could fill whole offices. It's a lot to manage and remember for me. As a fellow EHS professional, it's a lot to manage and remember for you too.

Even more, it's practically impossible, even after the almost 15 years in this field, for me to have encountered every scenario or situation where I have developed a program, guidance document, or training. Even before covid-19, we are all very busy and have limited resources to do our work effectively. Sometimes I don't have the time to dig in and research a new topic and then develop an effective and thorough program - I would love to be able to copy and share work that others have already completed ("stealing" shamelessly in the protection of other workers should NEVER be frowned upon).

In the pursuit of protecting our fellow workers and the environment in which we live and work, it often doesn't feel like the lack of knowledge or the time to research and develop is a suitable excuse. To overcome all of these challenges, it is important for each of us to refer to and BE a reference for

others in this field. We need to impart our knowledge, and even our work, to others if it will help protect other people. Here are some ways to take part in this information sharing:

1. Attend local and national safety meetings and conferences: Just attending the meetings, courses, and events put on by the American Society of Safety Professionals, National Safety Council, and others safety organizations will increase your knowledge of EHS standards and provide tools for how to implement them. Even more, you have a terrific opportunity to meet other safety professionals and to teach or learn from them. I'm not necessarily talking about socializing - I'm an introvert and it's often difficult for me to put myself out there to meet other people, but I always strive to meet at least one new person from a different industry, field, or level of experience. These personal contacts can be great references in the future for guidance or help on a complex situation - either they provide it to you, or you give direction to them. In a typical year, if you look, there is often a national or regional conference at least every quarter throughout the year. The Utah Chapter of the ASSP typically holds monthly meetings. With the Covid-19 pandemic, our meetings are currently virtual but we hope to get back to in-person meetings as soon as conditions allow. We do have a great upcoming opportunity to meet new people at our annual breakfast on October 14th.
2. Get Involved: Just attending meetings is often not enough. The safety field thrives on the backs of volunteers. Volunteering doesn't necessarily have to mean serving in a large capacity on a board of a ASSP chapter or other organization. It's a little known secret that in most organizations, it's the leaders that do almost all of the work, but it doesn't have to be that way. You can support the Utah Chapter Board in so many ways with your time and experience! Helping out at an event, presenting at a meeting, hosting a meeting or tour at your facility or just writing a technical article, like this one, can offer support and direction to someone in need.
3. Continue the conversation outside of meetings: The conversations and interactions don't have to stop when the meetings or conferences are over. The ASSP has the Online ASSP Community (<https://www.assp.org/membership/communities>) where you can post questions of other professionals or you can offer support to those seeking guidance. At the Chapter level, we have over 300 members

covering the entire state. Unfortunately, at a well attended meeting, we see only a small portion of our membership. Therefore, we have created a Slack community (Link to join:

https://join.slack.com/t/utahassp/shared_invite/zt-hnmjsdf5-G_ducoxWW3C4r74YDh9dCQ) where we hope to hold conversations, seek help, or offer support in near real-time. This community is currently fledgling but with your help, we can make it a thriving group of local safety professionals where our combined education and expertise can help save the lives or prevent pain and suffering of our fellow Utah workers or beyond. If you have not already joined and continued the conversation, I invite you to do so today!

Whether you have been a safety pro for 15 years or 15 minutes, you have something you can teach someone else. I challenge you to look beyond yourself and think about how you could help someone else in this challenging but rewarding field. If you need help, don't hesitate to reach out. You can contact me on Slack or via email at danny.dilts@ultradent.com. Thank you for all you do!

Danny Dilts, M.S., CSP, GradIOSH

Corporate EHS Director

Ultradent Products, Inc.

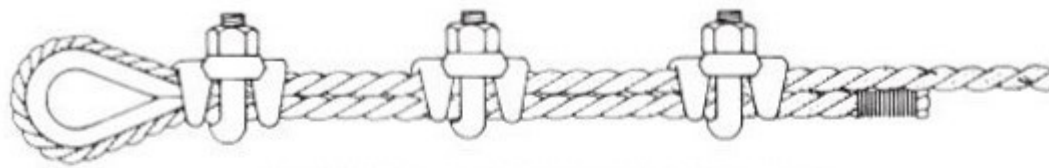
ASSP Utah Chapter Treasurer

Is this Correct? Question of the Month

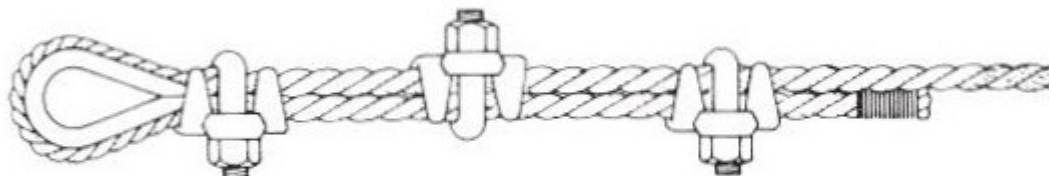
How should wire rope clips be installed?



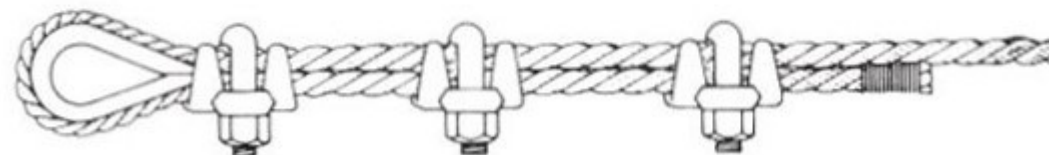
The photo above is correct!



RIGHT WAY FOR MAXIMUM ROPE STRENGTH



WRONG WAY: CLIPS STAGGERED



WRONG WAY: CLIPS REVERSED

Thank you to Doug Handy for his contribution to "Is This Correct? Question of the Month feature.

Newsletter Contributions

ASSP Utah Chapter Newsletter is published monthly. Contributions or comments regarding the newsletter can be sent to edhenkels401@gmail.com. Include "ASSP Newsletter" in the subject line. Deadline for contributions is the 15th of the month for publication in the next month's newsletter. Thank You to all those who contributed to this month's newsletter.

Remember, during this pandemic, to "Think Positive but Stay Negative."

Regards,

Ed Henkels, Newsletter Editor



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