



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Utah Chapter

April 2021 Newsletter

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MESSAGE FROM THE BOARD

Shakespeare once said,

“Time is very slow for those who wait

very fast for those who are scared

very long for those who lament

very short for those who Celebrate

but for those who love, time is eternal.”

As we enter the Spring of 2021. I would like to inspire each of you to reach out of your own respective waiting, lamenting, fears, and yes even your celebrations and actively love.

The ASSP board applauds each of you for your effort and dedication to the Safety profession. This month, we would like to bring up a sensitive subject that we are confident is currently or has affected someone you love.

That subject is Suicide. You may ask, “Why now?” Because, history has shown that early spring is the time of year when more people die by suicide than any other time of the. 2020 saw more than a 10% increase in suicide deaths from previous years. Initial reports indicate that 665 Utahns died by suicide last year (more than double that of auto accidents).

We bring up this sobering topic not only because of the time of year but also because, despite common misconceptions, there is a lot we can do to change this deadly trend. While there are many facets to each unique story of success in the fight, Love is at the heart of the solutions.

Here are some practical solutions to help you get in the fight and make a difference. Shakespeare used the word Love but if Love is too strong a word for you, use Care.

Love/Care enough to:

- Get Suicide Awareness training (i.e. QPR, Mental Health First Aid)
- Learn about risk factors and common warning signs.
- Learn techniques for early discovery and intervention.
- Open healthy dialog in your social and professional circles to dispel myths and stigma.
- When concerned, ask “Are you having thoughts of suicide?”
- Practice calmly and non-judgmentally listening.
- Refer someone to professional assistance.
- Download the SafeUT App. (For real time recourses you can use any time either for yourself or others in crisis.)

The State of Utah, National OSHA and other organizations like ours have great resources for getting started. See the Utah Suicide Prevention Plan

ASSP's PSJ September 2019 edition: https://www.assp.org/docs/default-source/psj-articles/bpschroth_0919.pdf?sfvrsn=4

National OSHA suicide prevention:
<https://www.osha.gov/preventingsuicides>

State of Utah suicide prevention plan:
https://www.sprc.org/sites/default/files/UT_State%20Suicide%20Prevention%20Plan_2021.pdf

As you feel the ebb-and-flow of emotions in your life, remember that others around you may periodically feel deeper lows. If you can spot and respond to these with love, understanding and support, you could make your time “eternal” by saving another life.

We love you all,

Joseph Knickerbocker, ASSP Utah Chapter Membership Chair

MEMBERSHIP UPDATES

New Members

Please welcome our newest member, Laura McShane.

Long Service Recognition of Chapter Members

Thank you to two of our members for their long & committed service to the profession and to our Utah Chapter. Both are continuing as members of the Chapter but will step down from the Utah Chapter Board. They will be retiring by the end of April 2021. Both are well-known professionals who have impacted countless lives and been essential for thousands of people getting home safely each day. We thank them for their commitment and service.

Eric Johnson

Eric has more than 35 years of Safety and Management experience and tenure, covering various industries, fields and expertise. Eric is not only well educated with a Bachelor and Master's Degrees in Science, he has also attained the Certified Safety Professional designation from the Board of Certified Safety Professionals. Eric's other certifications include:

- Certified Safety & Health Manager (CSHM)
- Certified Professional Environmental Auditor (CPEA) for Health & Safety
- Certified Process Safety Auditor (CPSA) and Process Safety Management (PSM) facilitator
- Certificate in Safety Management (ASSP)
- Quality Auditor Certification
- OSHA Outreach Instructor for Construction and General Industry
- MSHA Instructor for Surface Mining

Eric also serves as an adjunct instruction for the Utah Safety Council. He has been a speaker and presenter at various Safety Health and Industrial Hygiene Conferences throughout Utah, Nevada and California, and considered by many an expert in many Safety and Health related fields.

It goes without saying that Eric's biggest accomplishments and focus revolves around his family. Eric has been married 44 years to the love of his life (Joy), they have 5 children, 11 grandchildren. Eric is a Sports enthusiast – baseball, basketball, football, golf (still seeking the elusive hole in one). Goals – “Keep fit and alert to keep up with my grandchildren and to take care of my sweetheart and family.”

Robert K. Gardner

Rob has been a Safety Professional for over 34 years and has made a positive impact everywhere he goes. Rob spent the last 20 years as a Risk Control Consultant at Liberty Mutual Insurance where he worked with the highest level of customers and companies. He actively supports the Utah Safety Council and serves on the Advisory Board of the RMCOEH, along with being on the planning board for the Utah Conference for Safety and Industrial Hygiene. Rob has received several accolades over the years including our Utah Chapter SPY (Safety Professional of the Year) Award, the Utah Safety Council's Individual Achievement in Safety Award and several Liberty Mutual & customer awards & recognitions. His most recent specialty within the Safety Professional has been that of Behavioral Science & Behavior Based Safety, where he has become well known across the Country. He is a regular presenter at the BSN-Behavior Safety Now Conference, The Utah Conference for Safety and Industrial Hygiene, and the Utah Safety Conference. He currently holds the ARM certification.

Rob is dedicated and relentless in sharing and assisting others in developing Safety, Health and Wellness programs & processes that reduce risk, enhance safety and improve operational effectiveness. It could be said with certainty that he is always ready, willing and able to assist & motivate anyone interested in improving Safety.

Rob & his wife Gayle have been married for 43 years. They have 5 children – 3 sons and two daughters. Their family is still growing, and they currently have 19 grandchildren. Rob loves sports of all kinds and especially enjoy watching college sports, attends any and all BYU sporting events, and is a big fan of the Utah Jazz.

UPCOMING EVENTS

April Chapter meeting

Zoom: Apr 15, 2021 11:30 AM Mountain Time

Mandatory COVID Vaccinations: Considerations to Guide Decisions

“As distribution of the COVID vaccine gains momentum, business and safety needs may cause employers to consider requiring their employees to receive it. This session will explore some of the legal issues employers must address if they require employees to receive the vaccine.”

Presenter: Ryan D. Nelson, Esq., SPHR

Director of business & sales for Emerging Markets at Employers Council.

<https://zoom.us/j/98680772513?pwd=ZHRSSHRRMWVqNXIoRFY5dUhCQVV4dz09>

<https://utah.assp.org/event/>

NEWS & ARTICLES

ASP/CSP Review Question of the month:

Reprinted with permission from Bowen EHS.

The test was a qualitative test. He wants to enter a room that contains a concentration of 1200ppm styrene vapors. The exposure limit for styrene is 100ppm over an 8-hour TWA. The safety manager tells Joey that he cannot go into the room, even with the respirator. Joey

states that he can safely enter the room. Who is correct? Joey, a batch maker for XYZ Chemical Company, has been tested using a full-face filtering facepiece respirator.

A. Joey is correct. The APF (Assigned Protection Factor) for a tight-fitting respirator is 50, so Joey would only be exposed to 60ppm.

B. The safety manager is correct. The APF for the respirator is 10, meaning that Joey would breathe 120 ppm styrene.

C. The safety manager is correct because 1200ppm styrene creates an IDLH (Immediately Dangerous to Life and Health) atmosphere.

D. Joey is correct because he would only be in the room for a few minutes.

Solution is at the end of this newsletter.

Annual Silent Auction Scholarship Fundraiser a Success

As mentioned in last months newsletter, the Annual Silent Auction Scholarship Fundraiser a SuccessThe Utah Chapter's annual scholarship fundraiser, on 2/18, was virtual this year. That did not keep it from being a success. Fifty-one items were offered, and all were bid on and sold. There were some out-of-state and out-of-chapter bidders and winning bidders. Over \$2,000 was raised for our Education and Scholarship funds. Our featured speaker, David Havens, gave an exciting presentation withmany excellent take-aways, thoughts, ideas and quotes.

Special Thanks to our Donors for the Auction (in alphabetical order):

Contact Name	Business Name/Donor
Bobby Lawrence Karate	Andy Crossland
Bronca	Maria Clara
BYU	Steve Thygerson
Douglas & Minette Handy	
Industrial Supply	Kasey Henderson
InVision Computers	Max Handy
Liberty Mutual	Robert Gardner
Liberty Mutual Insurance	Douglas Handy
Major Drilling	Ben Graham
Mark & Melody Chavez	

Okland Construction	Mark Chavez
Park City Museum	Andy Crossland
R & O Construction	Joree Felker
Robert & Gayle Gardner	
Sarah Galvez	
Stringham Lumber	Jamie Tuckett
Summit County Sheriff's Dept	Andy Crossland
Ultradent	Danny Dilts
Utah Safety Council	John Wojciechowski
Wasatch Safety	David Holland

Career Opportunities

There are currently two job postings on the Utah Chapter website.

Please click on link below for more information.

<https://utah.assp.org/current-openings/>

ASP/CSP Review Question: Solution

When tested using a qualitative test, the APF is 10, meaning that Joey would be over-exposed in a 1200ppm concentration of styrene. In addition, the IDLH for styrene is 700. Filtering facepiece respirators cannot be used in an IDLH atmosphere.

The correct solution is C.

Newsletter Contributions

ASSP Utah Chapter Newsletter is published monthly. Contributions or comments regarding the newsletter can be sent to edhenkels401@gmail.com. Include "ASSP Newsletter" in the subject line. Deadline for contributions is the 15th of the month for publication in the next month's newsletter.

Thank You to all those who contributed to this month's newsletter.

Ed Henkels, Newsletter Editor



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