



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Utah Chapter

May 2021 Newsletter

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MESSAGE FROM THE BOARD

With summer approaching, we see more and more kids playing outside. As we drive, we need to be aware of kids popping out into the streets from in between cars and other blind spots.

Another thing to be on the lookout for is motorcycles. Unfortunately, there have already been several motorcycle accidents on Utah roads this year, some fatal. A few things to keep in mind when you see a motorcycle on the road:

- Give motorcycles plenty of space when following and at stops.
- Always check your blind spots. Because of the narrow profile of a motorcycle, it can easily be hidden in blind spots.
- Remember a motorcycle may be closer than it looks due to its small size.
- For the safety of everybody, do not use your cell phone while driving.

Every motorcyclist is someone's, mom or dad, brother or sister, son or daughter, aunt or uncle, grandma or grandpa.

Remember to LOOK TWICE, SAVE A LIFE.

Sarah Galvez, OHST, ASSP Utah Chapter President Elect

MEMBERSHIP UPDATES

Please welcome our newest member, Rory Mele.

UPCOMING EVENTS

May Chapter Meeting

Thursday, May 20 from 11:30 AM – 1:00 PM

NEWS & ARTICLES

ASP / CSP Review Question of the Month

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This month's topic: Ergonomics

Work factors to be considered in the workplace are sorted into two categories. What are they?

- A. Sitting and standing
- B. Environmental conditions and physical stressors
- C. Stooping and twisting
- D. Temperature and humidity

Book Review

Start With WHY by Simon Sinek

As we make our way into the heart of 2021, many of us in the professional safety community are undoubtedly navigating our way through a unique landscape. Adapting to an ever-changing world, we can find ourselves obsessed with task completion. Finishing reports, tracking company safety and health data, checking email, etc. Especially when isolated from our friends and coworkers, our day-to-day can easily become a set of checkmarks we complete without much thought or inspiration.

If this describes you, your team, or your organization, it may be time to (re)examine WHY.

In Start With WHY, Simon Sinek digs deeply into the world of inspirational leadership and what it takes to positively influence organizational culture.

While not specifically geared towards HSE disciplines, Start With WHY delves into influential decisions that safety professionals frequently find themselves involved in. For instance, Simon explains the importance of leading with inspiration, rather than using manipulations (like price, promotions, peer pressure, or even fear) to reach a goal. These manipulations are the “carrots and sticks” that can lead us astray from our ethical obligations. Even though manipulations can certainly be effective, over the long term, they can erode personal and organizational integrity.

In discussing the relation between the WHY, HOW, and WHAT of our occupational world, Sinek emphasizes the role that different brain functions play in our approach to problem solving and organizational influence. These discussions provide the reader an opportunity to examine the WHY of themselves and their organization.

By using dozens of organizational examples (both good and bad), we are continuously provided with relatable lessons from tech companies, airlines, retailers, and the military. Every concept and topic is closely paired with at least one real world example.

This is a great read for anyone who is looking for a better understanding of an organization’s core values and who truly wants to lead with WHY.

Contributed by Greg Rudowski, CSP, Utah ASSP Board Member

Treasurer's Report

Welcome to financial year-end! The Chapter fiscal year runs from April 1 to March 31 each year. The Q4 report and year-end totals are below. Quarter 4 was a busy quarter with financial activities associated with the auction and donations to the science fair. Overall, we finished the quarter in the positive and the Chapter finished the year +\$5,559 in revenue. Chapter finances are healthy.

Below is the Treasurer's report for Quarter 4.

Utah ASSP Treasurer's Report	
Q4 - January 1, 2021 - March 31, 2021	
Beginning Balance	\$21,428.29
	Cash Receipts (+)
Chapter Dues	\$1,955.00
Savings Account Interest	\$2.46
Conference/Seminars	\$4,657.45
Other	\$0.23
Special Projects	\$1,905.80
	Cash Disbursements (-)
Chapter Meetings	\$122.13
Bank Fees	\$0.23
Scholarship	\$818.56
Special Projects	\$106.30
Other	\$29.30
Ending Balance	\$28,872.71

Career Opportunities

There are currently 3 jobs posted on the ASSP Utah website.
Click on link below for more information.

<https://utah.assp.org/current-openings/>

ASP / CSP Review Question Solution

Environmental conditions such as excessive noise, inadequate lighting, uncomfortable seating, or cramped areas can cause damage to hearing and sight and cause general health problems. Physical stressors such as improper lifting techniques or repetitive motions can cause damage to nerves, ligaments and tendons, and joints. The correct solution is B.

Newsletter Contributions

ASSP Utah Chapter Newsletter is published monthly. Contributions or comments regarding the newsletter can be sent to edhenkels401@gmail.com. Include "ASSP Newsletter" in the subject line. Deadline for contributions is the 15th of the month for publication in the next month's newsletter.

Thank You to all those who contributed to this month's newsletter.

Ed Henkels, Newsletter Editor



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