



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Utah Chapter

August Newsletter

- Message from the Board
- Membership Updates
- Upcoming Events
- News and Articles

MESSAGE FROM THE BOARD

It's great to be able to reach out to you all!! July marked the start of the ASSP 2021/2022 new year. The last 12 months has been a challenge in ways we probably couldn't imagine a year ago. Several of you have reached out and shared stories of trials as well as triumphs. I'm grateful for the strength and leadership you have all shown during this pandemic, and for your willingness to share that strength with others in need.

We conducted a poll in June and July. We wanted to know how we could provide a better experience for our Utah membership. I thought this would be a good time to share some of the results.

- We wanted to know the reasons members attended our chapter events. Networking, professional development and technical knowledge were the top three responses.
- We also wanted to know what topics you would like to see in upcoming meetings. We had many responses to this one, but risk assessment, policies and procedures, and construction safety were the top three.
- We learned that 44% of those who returned the survey would accept an opportunity to mentor another safety professional.

- We learned that the majority of responses showed the annual PDC in November is recognized as the biggest value provided.
- We asked how members would be willing to strengthen the profession and our fellow Utah membership. The top 2 answers were sharing a technical presentation at a meeting and supporting the chapter activities.

Thanks everyone for responding to the survey and sharing your idea on how to make the Utah chapter the best chapter in the ASSP! We have a strong chapter and I look forward to seeing each of you this year. Have a great 2021/2022 society year!!!

Dave Holland, President, ASSP Utah Chapter

MEMBERSHIP UPDATES



Retirement: Doug Handy

Following a 50 year career in safety & health, Doug Handy retired on 7/30.

Doug was most recently employed with Liberty Mutual. He was also a very talented, energetic and consistent contributor to the Utah Chapter. Most recently, Doug helped the chapter attain Platinum status with the ASSP when one of his articles was published in Professional Safety journal. This was not his first published article either. He will be greatly missed from our active ranks, but we hope he continues some involvement in the chapter during retirement.

Doug, congratulations on a well-deserved retirement!

New Members

Please welcome our new and renewed members this month:

Dery Guillen

Opal Faessler

Oren Shaw

Randy McClure

Stacey Renfrow

Stephen Stauffer

UPCOMING EVENTS

August Chapter Meeting

Thursday, August 19 from 11:30am - 12:30pm

Place: Big-D Constructions, North Salt Lake City office

171 N Cutler Drive, North Salt Lake City, Utah 84054

Topic: Cybersecurity

Speaker: Chris Thomas with Pulse Technology Consulting Group.

Register: <https://utah.assp.org/events/august-assp-chapter-meeting-in-person-lunch-event/>

September Picnic

Saturday, September 11 from 4:30 PM – 10:00 PM

Bicentennial Park

530 E. 8680 S., Sandy, Utah, 84070

Register: <https://utah.assp.org/events/2021-member-family-and-friends-picnic/>

NEWS & ARTICLES

Utah Chapter attains Platinum status

We were recently notified that the Utah Chapter has obtained Platinum status within the ASSP nationwide. To achieve this honor, the Chapter had to meet many stringent criteria. With the help of many of our members, and guidance from an experienced board, we were able to get this done. You can be proud of your Chapter for obtaining this achievement. Look for more details in future newsletters about what it took to become Platinum and what it means for you as a member.

Utah Chapter attains WISE silver level

The Utah Chapter has attained Silver level for our Women In Safety Excellence group. More details on what this means will be included in a future newsletter, but congratulations are in order for Suyanka Neupaney, our WISE chairperson, for leading this effort.

ASP/CSP Study Question of the month

What is the criterion for fibers to be considered "respirable" particulate matter?

- A. 3.5 μm (micrometers) or smaller in diameter
- B. In concentrations of 10mg/m
- C. PM-10 or smaller
- D. Asbestos

Published Article

Doug Handy, a long-time member of the Utah Chapter, had an article published in the July edition of Professional Safety magazine. The title of the article is "Tools of the Trade". It discusses how several OSH "tools" can alter perspective. Here's an excerpt:

"The tools we'll examine through this analogy are the telescope, binoculars, unaided vision or perception, magnifying glass and microscope. Each of these amazing tools has its own set of benefits and drawbacks. This is especially true for the incident investigation or review process."

You can access the whole article when you log onto the ASSP website. Look under "Publications"

<https://www.assp.org/>

Congratulations Doug!

Here's a link to the top 3 articles from the Professional Safety journal for 2020.

<https://www.assp.org/news-and-articles/assp-recognizes-authors-of-top-three-psj-articles-from-2020>

Book Review

Verbal Judo The Gentle Art of Persuasion by George J. Thompson, PhD & Jerry B. Jenkins

by George Thompson & Jerry Jenkins, is perfect for you. It contains both philosophical and tactical techniques for persuading people, de-escalating conflict, dealing difficult people, responding to verbal attacks and more. *Verbal Judo The Gentle Art of Persuasion* Have you ever seen someone who seems to magically navigate confrontation and can consistently persuade others to do what needs to be done, especially when tension and stakes are high? Have you ever dreamed of being a persuasive ninja? Have you ever lost your cool, and opened your mouth only to unwittingly make things worse? Do you have to work with difficult people? If so,

As safety professionals we are constantly challenged with the task of persuading others. I found aspects of this book extremely useful not only in my professional life but also in my family interactions.

What to expect while reading:

George Thompson, a veteran educator, law enforcement officer and self-proclaimed "difficult person" sets out to identify and share techniques that anyone can use to:

1. Ensure the reader's personal safety.
2. Enhance professionalism.
3. Increase efficiency by outlining how to improve the reader's performance.

The body of the book is dedicated to demystifying topics such as motivating disagreeable people, responding instead of reacting, taking crap with dignity and style, avoiding "the greatest speech you will ever live to regret", and knowing yourself. It stresses that **empathy** is the most powerful word in the English language.

Memorable quotes from the book include:

- All people want to be treated with dignity and respect. All people want to be asked rather than told to do something. All people want to be informed as to why they

are being asked or order to do something. All people want to be given options rather than threats. All people want a second chance when they make a mistake.

- Empathy absorbs tension.
- If you have trouble communicating with people it's because you were thinking about yourself instead of about them.
- The angry man will beat himself in battle as well as in life.
- Motivate by raising expectations, raise expectations through praise.
- There are three basic types of people in the world: Nice people, difficult people and wimps. Learning to identify these three types is your first step in mastering verbal judo.
- When man throws spear of insult at head, move head! Spear miss target, leave man empty-handed. Spear in wall, not in head.

My favorite strategies and acronym.

- Empathy in action is to see not only from the others perspective but see others the way they see themselves.
- The five-step part style.
- Four basic elements of communication.
- LEAPS (listen, empathize, ask, paraphrase, summarize)

Must Read or Pass?

While the first Chapter includes a heavy amount of self-promotion the majority of the book is relatable entertaining and actionable. I totally recommend this book as a must read and have read it twice myself. This book is available in paper, digitally and as an audiobook. Enjoy!

Contributed by Joseph Knickerbocker, CHST, CSP, ASSP Utah Membership chair

Treasurer's Report

The Chapter fiscal quarter 1 is in the books. This is typically a very quiet quarter for cash receipts and expenses and this quarter as no different. We finished the quarter with over \$30,000 in our accounts before a pending donation to the ASSP Foundation that will be made in the next few weeks. That donation will be the proceeds from the February silent auction plus an additional \$5,000 that the Board approved in the May Board Meeting, totaling \$6, 770.

Overall, the Chapter finances are healthy. Thank you to our members for your donations and support!

Danny Dilts, ASSP Utah Chapter Treasurer

Utah ASSP Treasurer's Report	
Q1 - April 1, 2021 - June 30, 2021	
Beginning Balance	\$28,872.71

	Cash Receipts (+)
Chapter Dues	\$1,365.00
Savings Account Interest	\$3.49
	Cash Disbursements (-)
Lunch/Dinner	\$105.39
Ending Balance	\$30,135.81

ASP/CSP Study Question Solution

To be considered respirable, fibers (such as asbestos) must be 3.5 µm or less in diameter, small enough to enter the lower lung.

The correct solution is A.

Job Opportunities

There are currently 5 jobs posted on the ASSP Utah Chapter website. Click on this link for more information.

<https://utah.assp.org/current-openings/>

Newsletter Contributions

ASSP Utah Chapter Newsletter is published monthly. Contributions or comments regarding the newsletter can be sent to edhenkels401@gmail.com. Include "ASSP Newsletter" in the subject line. Deadline for contributions is the 15th of the month for publication in the next month's newsletter.

Thank You to all those who contributed to this month's newsletter.

Ed Henkels, Newsletter Editor



If you do not wish to receive these emails, please [click here](#)
to unsubscribe from ASSP Utah Chapter messages.

American Society of Safety Professionals | 520 N. Northwest Highway, Park Ridge, IL 60068