



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Utah Chapter

April 2022 Newsletter

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MESSAGE FROM THE BOARD

With Covid-19 still at large and war in Asia, unprecedented times are upon us. As shortages abound and the price of gas soars, safety and security seem like foreign concepts to many.

But ASSP has always been a beacon in the storm. An organization that promotes safety by funding health/safety scholarships, helping the less fortunate, and donating time to endeavors that further the safety or health of others.

With the arrival of spring, we ask people to spring into action. Vote, donate, and promote. Promote ASSP and the safety of others so that in troubling times, maybe just a few can feel that someone cares!

Pat Salandi, CSP

ASSP Utah Chapter Board Member, Member at Large for Governmental Affairs

MEMBERSHIP UPDATES

New Members

Please welcome the following new members to our Chapter.

Chad Fowles

Jerel Fisher

Kyle Emmett

Ronnie Bayless

Thomas Smith

Barry Hicken

James Lu

UPCOMING EVENTS

WISE Hike

Saturday, April 23, 8:30am, Bear Canyon Suspension Bridge, Draper, Utah.

Contact: Suyanka Neupaney suyanka7@gmail.com



April Chapter Meeting

Thursday, April 21 from 11:30 AM – 1 pm

Topic: Fire Safety

<https://utah.assp.org/event/>

Chapter Elections

May 2 - May 6

Place: Virtual

May Chapter Meeting

Thursday, May 19 from 11:30am -1 pm

Topic: Ergonomics

<https://utah.assp.org/event/>

NEWS & ARTICLES

ASP/CSP Exam Question of the Month

What is the minimum number of people required to perform a task that requires entry into a permit-required confined space?

- A. Three: the entrant, an attendant, and a maintenance technician to ensure that supplied air is stable.
- B. Two: the entrant and an attendant
- C. Three: Two entrants and an attendant
- D. Only the entrant, as long as they wear a respirator and carry a gas monitor.

Solution is on back page.

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ASSP Utah Elections

Chapter elections will be via electronic ballot this year. Voting will occur 5/2 - 5/6. Secretary, Treasurer and Membership Chair are all uncontested. Two candidates are running for president elect:

- Secretary: Suyanka Neupaney
- Treasurer: Rachel Michaels
- President-Elect: Trevor Hinckley, Joseph Knickerbocker

Our current President-Elect, Sarah Galvez, will become President on July 1, 2022.

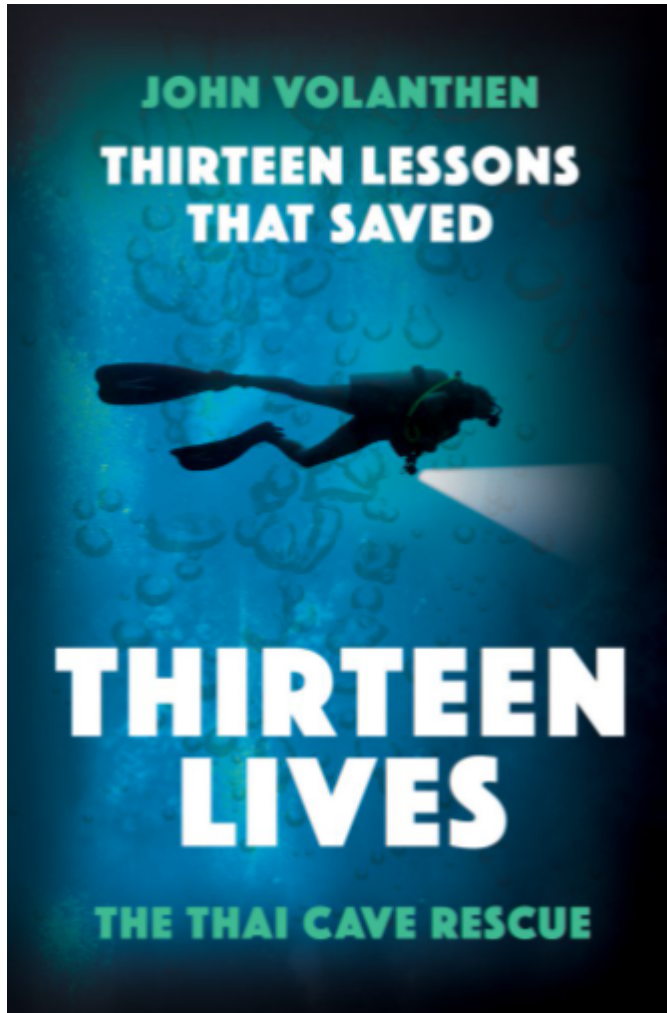
We need the membership to ratify the uncontested positions and vote for President Elect.

Check your emails later this month for ballot information.

Candidate information will be posted on the chapter website soon.

<https://utah.assp.org/>

Book Review



Thirteen Lessons That Saved Thirteen Lives: The Thai Cave Rescue

Author: John Volanthen

In July of 2018, the world watched as courageous men and women came together in northern Thailand to witness the miraculous rescue of the Wild Boars soccer team and their coach. The group became stranded in the Tham Luan Cave during a rainy-season downpour while exploring after a practice and in celebration of a birthday for one of the players. The book tells the story from one of the instrumental rescuers responsible for finding and saving the Wild Boars and their coach after being trapped for nearly 10 days underground.

Each chapter is organized as a lesson that can be applied to life. These lessons are explained as:

1. Start with Why Not?
2. Listen to the Quiet Voice
3. Zoom In Zoom Out
4. Rest and Decompress
5. One Breath at a Time
6. Expect the Unexpected
7. Step Up and Step Back
8. Harnessing Teamwork and Trust
9. Hurry Up and Do Nothing
10. Keep it Simple
11. Rehearse Then Repeat
12. Make Success a Habit
13. Define Your Own Happiness

Aside from being a thrilling book with interesting facts about cave diving and underwater rescue, the book offers perspective about how to take a hopeless situation with many hazards and demonstrates how to carefully work through a process to safely succeed in what most others believed to be a hopeless endeavor by an unlikely group of “Clark Kents” rather than “Supermen”.

As safety professionals we face challenges each day. Sometimes stakes are high and lives are on the line, and other times our integrity and professional judgement is questioned. Regardless of the challenge, we can all benefit from applying the 13 lessons that saved 13 lives to our profession and our personal lives.

You can learn more about the book and the author at:

[13 Lessons Which Saved 13 Lives - John Volanthen](#)

If reading is not your thing, you can check out the National Geographic Documentary, [The Rescue](#)

Review by Andrew Merryweather, PhD

Career Opportunities

There are currently 5 open positions posted on the Utah Chapter website. Click on link below for more information.

<https://utah.assp.org/current-openings/>

ASP/CSP Exam Question of the Month -Solution

The minimum number of people required for a confined space entry under a permit is two: the entrant and an attendant who has specific tasks to perform but doesn't enter the confined space for any reason. The correct solution is B.

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Newsletter Contributions

ASSP Utah Chapter Newsletter is published monthly. Contributions or comments regarding the newsletter can be sent to edhenkels401@gmail.com. Include "ASSP Newsletter" in the subject line. Deadline for contributions is the 15th of the month for publication in the next month's newsletter.

Thank You to all those who contributed to this month's newsletter.

Ed Henkels, Newsletter Editor



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